

# STUART B. KROST, M.D.

F.A.A.P.M., F.A.A.P.M.&R., C.I.M.E

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## CURRICULUM VITAE

Updated: 1/1/06

***CURRENT PROFESSIONAL  
ADDRESS AND TELEPHONE:***

*Administrative Office Address:  
3618 Lantana Rd, Suite 201  
Lake Worth, FL 33462  
561-296-2220  
F 561-296-2221*

*Satellite offices:*

*7713 N Military Tr, Suite #1  
Palm Beach Gardens, Florida 33410  
561-296-2220*

*150 SW 12<sup>th</sup> Ave., Suite 440  
Pompano, Florida 33069  
561-296-2220*

*210 Jupiter Lakes Blvd  
Suite 103, Bldg 5000  
Jupiter, FL 33468  
561-296-2220*

***DATE OF BIRTH:***

*February 25, 1962, USA*

***MARITAL STATUS:***

*Married, Two Children*

STUART B KROST, MD- CURRICULUM VITAE

**COLLEGE:** *State University of New York at Stony Brook  
Long Island, New York  
Honors Graduated Cum Laude,  
Phi Beta Kappa  
Dean's List, Sigma Beta Honor Society  
June 1985  
B.S. Biochemistry*

**MEDICAL SCHOOL:** *State University of New York at Syracuse  
Syracuse, New York  
May 1988  
Doctor of Medicine*

**INTERNSHIP (SURGICAL):** *North Shore University Hospital  
Affiliate of Cornell University Medical  
College  
Manhasset, New York  
1988-1989  
General Surgery Internship*

**RESIDENCY:** *State University of New York  
Health Science Center at Brooklyn  
Brooklyn, New York  
1991-1992  
Chief Resident*

**SPECIAL SERVICE:** *Liaison of SUNY HSC at Brooklyn to the  
American Academy of Physical Medicine  
& Rehabilitation*

**\*BOARD CERTIFICATION:**

- \*Physical Medicine & Rehabilitation  
1993*
- \*Pain Management  
1992*
- Southeastern Neuroscience Institute:  
Certification in Thermography Interpretation  
1994*
- Certified Independent Medical Examiner  
(CIME) - 1999*
- Disability Examining Physician  
- Pending*

**LICENSURE:**

- New York State # 179647*
- Florida State # ME0061951*

**PROFESSIONAL MEMBERSHIPS:**

- ! American Academy of Physical Medicine & Rehabilitation*
- ! American Congress of Rehabilitation*
- ! American Medical Association*
  
- ! American Academy of Pain Management*
- ! Palm Beach County Medical Society*
- ! Florida Medical Society, Florida Society of PM&R*
- ! American Pain Society*

**PROFESSIONAL TITLES:**

- 1998-Present: Chief Medical Officer of State  
Of Florida for Inpatient and  
Outpatient Care for HCR/  
MANOR CARE.*
- 1996-Present: Medical Director of CARF  
Accredited Pain Program for*

STUART B KROST, MD- CURRICULUM VITAE

*Heartland Pain and Rehab  
Center.*

*1996-Present: President of Tierra Del Rey  
Community Association.*

*1996-1998: Treasurer of Tierra Del Rey-North  
Community Association.*

*1998-Present: Vice President of Tierra DelRey  
-North Community Association.*

*1998-Present: Board of Director of Urecoats*

*International*

*1996-1998: Physician of HCR/MANOR CARE*

*1995-1996: Rehabilitation Director of IHS*

*West Palm Beach- SubacuteRehab*

*1992-1996: Private Practice-Partnership*

**HOSPITAL AFFILIATIONS:**

*Pinecrest Rehabilitation Hospital,*

*Delray Community Hospital*

*West Boca Medical Center*

*GoodSamaritan Hospital*

*St. Mary's Medical Center*

**SPECIAL INTEREST:**

*Acute and Chronic Pain Management,*

*Sports Medicine*

*Electrodiagnostic Studies: EMG, NCV, BAER*

*Orthopedic                      Rehabilitation,                      General*

*Rehabilitation*

**CONTINUING MEDICAL EDUCATION:**

*Risk Management*  
5 credits - 12/11/93

*AIDS Update*  
2 credits - 11/9/93

*American Academy of PM&R*  
24.5 credit hours - 10/31/93 to 11/4/93

*Low Back Pain*  
1 credit hour - 11/15/93

*Expanding Your Practice:*  
*1994 Update in Pain Management*  
22 credit hours - 4/28/94 to 5/1/94  
*American Academy of PM&R*  
25 credit hours - 10/7/94 to 10/12/94

*American Pain Society*  
25 credit hours - 11/10/94 to 11/13/94

*Southeastern Neuroscience Institute:*  
*Certification in Thermography Interpretation*  
12/19/94 to 12/20/94

*State-Mandated Certification Course for*  
*Physicians in Workers' Compensation*  
5 credit hours - 5/12/95

*Risk Management*  
2.5 credit hours (DRCH) - 5/25/95

*Treatment of Fibromyalgia*  
1 credit hour (DRCH) - 11/22/95

*Meeting the Chronic Pain Challenge*  
14 credit hours - 12/2/95 to 12/3/95

*Considerations in Rehabilitation of Lower*  
*Back Injury*  
1 credit hour - 5/123/96

*American Academy of Pain Management*  
23 credits - 9/26/96 to 9/29/96

*NIH Statement on the Treatment of Chronic Pain and Insomnia*  
1 credit hour

*Nursing Implication*  
*Self-study audio program,*  
*American Pain Society*  
2 credit hours - 5/6/97

*6th John J. Bonica Pain Conference*

## STUART B KROST, MD- CURRICULUM VITAE

*Aspen Colorado*  
*18 credit hours - 3/17 to 3/20/97*

*Florida Workers' Compensation Institute, Inc.*  
*Healthcare Provider Breakout of 52nd Annual Florida Workers'*  
*Compensation Educational Conference*  
*3 credit hours - 1997*

*Clinical Case Reviews:*  
*Management of Severe Chronic Pain*  
*Program 701*  
*2 credit hours - 8/15/97*

*Life Care Medical Directors,*  
*St. Louis University School of Medicine*  
*13 credit hours - 9/22 to 9/23/97*

*Preoperative Analgesia:*  
*Approaching the 21st Century,*  
*American Pain Society*  
*2 credit hours - 10/3/97*

*AIDS Update*  
*1 credit hour - 10/29/97*

*Domestic Violence*  
*1 credit hour - 10/29/97*

*Comprehensive Review of Pain Management,*  
*American Society of Regional Anesthesia*  
*28 credit hours - 11/12/97*

*Pain Management & Chemical Dependency*  
*18 credit hours - 1/15 to 1/17/98*

*Domestic Violence*  
*1 credit hour - 10/27/98*

*Florida Board of Medicine Medical Practice Guidelines*  
*For Practitioners Using Opioids for the Management of Pain,*  
*Chronic Pain,*  
*Physician Fears and Regulatory Changes*  
*2 credit hours - 11/9/98*

*Chronic Pain, Physician Fears*  
*and Regulatory Changes,*  
*Intercostal Health Systems, Inc.*  
*2 credit hours - 1/25/99*

*Pain Management and Chemical Dependency,*  
*International Medical Experience Exchange,*  
*18 credit hours - 1/28 to 1/30/99*

*Medical Records Documentation,*  
*Pincrest Rehabilitation Hospital*

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*1 credit hour - 4/27/99*

*Pain Management 2000  
Pinecrest Rehabilitation Hospital  
1 credit hour- 7/27/99*

*American Academy of Disability Evaluating  
Physicians: Clinical Training Program  
26.5 credit hours - 9/25-28/99*

*JAMA Reader's Choice CME  
Self Study  
1 credit hour- 10/27/99*

*JAMA Reader's Choice CME  
Self Study  
1 credit hour- 11/3/99*

*JAMA Reader's Choice CME  
Self Study  
1 credit hour- 11/10/99  
JAMA Reader's Choice CME  
Self Study  
1 credit hour- 11/17/99*

*Medicare Changes and Patient Reimbursement  
US Seminar Corporation  
Miami, Fl  
4.5 credit hours- 12/14/99*

*JAMA Reader's Choice CME  
Self Study  
1 credit hour- 12/15/99*

*JAMA Reader's Choice CME  
Self Study  
1 credit hour- 1/5/00*

*JAMA Reader's Choice CME  
Self Study  
1 credit hour- 1/12/00*

*Harvard Medical School  
Current Clinical issues in Primary Med.  
Fort Lauderdale,FL  
11 credit hours- 1/14-16/00*

*Current Considerations in Chronic Pain  
Management Monograph  
10 credit hours- 1/18/00*

*JAMA Reader's Choice CME  
Self Study  
1 credit hour - 1/19/00*

*JAMA Reader's Choice CME  
Self Study  
1 credit hour- 2/2/00*

*JAMA Reader's Choice CME  
Self Study*

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*1 credit hour- 2/9/00*

*JAMA Reader's Choice CME  
Self Study  
1 credit hour- 2/16/00*

*JAMA Reader's Choice CME  
Self Study  
1 credit hour- 2/23/00*

*JAMA Reader's Choice CME  
Self Study  
1 credit hour- 3/01/00*

*JAMA Reader's Choice CME  
Self Study  
1 credit hour- 3/15/00*

*JAMA Reader's Choice CME  
Self Study  
1 credit hour- 3/22/00*

*JAMA Reader's Choice CME  
Self Study  
1 credit hour- 4/5/00*

*JAMA Reader's Choice CME  
Self Study  
1 credit hour- 4/19/00*

*JAMA Reader's Choice CME  
Self Study  
1 credit hour- 4/26/00*

*JAMA Reader's Choice CME  
Self Study  
1 credit hour- 5/03/00*

*JAMA Reader's Choice CME  
Self Study  
1 credit hour- 5/10/00*

*JAMA Reader's Choice CME  
Self Study  
1 credit hour- 5/24/00*

*JAMA Reader's Choice CME  
Self Study  
1 credit hour- 6/7/00*

*JAMA Reader's Choice CME  
Self Study  
1 credit hour- 6/21/00*

*JAMA Reader's Choice CME  
Self Study  
1 credit hour- 6/28/00*

*JAMA Reader's Choice CME  
Self Study  
1 credit hour- 7/5/00*

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*JAMA Reader's Choice CME  
Self Study  
1 credit hour- 7/12/00*

*JAMA Reader's Choice CME  
Self Study  
1 credit hour- 7/19/00*

*JAMA Reader's Choice CME  
Self Study  
1 credit hour- 7/26/00*

*JAMA Reader's Choice CME  
Self Study  
1 credit hour- 7/28/00*

*JAMA Reader's Choice CME  
Self Study  
1 credit hour- 8/2/00*

*JAMA Reader's Choice CME  
Self Study  
1 credit hour- 8/9/00*

*JAMA Reader's Choice CME  
Self Study  
1 credit hour- 8/16/00*

*JAMA Reader's Choice CME  
Self Study  
1 credit hour- 8/23/00*

*JAMA Reader's Choice CME  
Self Study  
1 credit hour- 9/27/00*

*Current Trends in the diagnosis and Treatment of Chronic Neuromuscular Pain Syndromes: Myofascial Pain Syndrome, Chronic Tension- Type Headache and Fibromyalgia. American Academy of Pain Management.  
3 credit hour- 9/27/00*

*Dannemiller Memorial Education Foundation, Pain.com Sept Module 1  
1 credit hour- 10/2/00*

*Dannemiller Memorial Education Foundation, Pain.com Sept Module 2  
1 credit hour- 10/2/00*

*JAMA Reader's Choice CME  
Self Study  
1 credit hour- 10/4/00*

*JAMA Reader's Choice CME  
Self Study  
1 credit hour- 10/11/00*

*JAMA Reader's Choice CME  
Self Study*

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*1 credit hour- 10/28/00*

*Dannemiller Memorial Education Foundation, Pain.com Aug Module 3  
1 credit hour- 10/19/00*

*Dannemiller Memorial Education Foundation, Pain.com Sept Module 3  
1 credit hour- 10/19/00*

*Dannemiller Memorial Education Foundation, Pain.com Oct Module 1  
1 credit hour- 10/19/00*

*Dannemiller Memorial Education Foundation, Pain.com Oct Module 2  
1 credit hour- 10/19/00*

*JAMA Reader's Choice CME  
Self Study  
1 credit hour- 10/25/00*

*JAMA Reader's Choice CME  
Self Study  
1 credit hour- 11/22/00*

*Pharmacologic Management of Cocaine Abuse and Dependence  
Dannemiller Memorial Education Foundation  
1 credit hour- 11/22/00*

*Dannemiller Memorial Education Foundation, Pain.com Nov Module 1  
1 credit hour- 11/28/00*

*Dannemiller Memorial Education Foundation, Pain.com Nov Module 2  
1 credit hour- 11/28/00*

*3<sup>rd</sup> International CRPS Conference  
RSD Diagnostic and Treatment Update  
Neuropathic Pain Research Institute  
Sponsored by FI Medical Ass.  
11 credit hours- 11/30/00-12/3/00*

*Dannemiller Memorial Education Foundation, Pain.com Nov Module 3  
1 credit hour- 12/3/00*

*JFK Medical Center,  
Domestic Violence.  
1 credit hour - 12/5/00*

*JAMA Reader's Choice CME  
Self Study  
1 credit hour- 12/6/00*

*Domestic Violence  
JFK Med Center  
1 credit hour-12/6/00*

*JAMA Reader's Choice CME  
Self Study  
1 credit hour- 12/13/00*

*JFK Medical Center,  
Stereotactic Radiosurger  
1 credit hour - 12/14/00*

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*Dannemiller Memorial Education Foundation, Pain.com Dec Module 3*  
*1 credit hour- 12/17/00*

*JAMA Reader's Choice CME*  
*Self Study*  
*1 credit hour- 12/20/00*

*JAMA Reader's Choice CME*  
*Self Study*  
*1 credit hour- 12/27/00*

*Dannemiller Memorial Education Foundation, Pain.com Dec Module 1*  
*1 credit hour- 12/28/00*

*Dannemiller Memorial Education Foundation, Pain.com Dec Module 2*  
*1 credit hour- 12/28/00*

*HIV and Hepatitis C Co-Infection*  
*Delray Community Hospital/Pinecrest*  
*1 credit hour- 1/16/01*

*JAMA Reader's Choice CME*  
*Self Study*  
*1 credit hour- 1/3/01*

*JAMA Reader's Choice CME*  
*Self Study*  
*1 credit hour- 1/10/01*

*Current Issues in HIV & Hepatitis C*  
*Delray Comm Hosp*  
*1 credit hour- 1/16/01*

*JAMA Reader's Choice CME*  
*Self Study*  
*1 credit hour- 1/17/01*

*JAMA Reader's Choice CME*  
*Self Study*  
*1 credit hour- 1/24/01*

*Dannemiller Memorial Education Foundation, Pain.com Jan Module 1*  
*1 credit hour- 1/29/01*

*Dannemiller Memorial Education Foundation, Pain.com Jan Module 2*  
*1 credit hour- 1/29/01*

*Dannemiller Memorial Education Foundation, Pain.com Jan Module 3*  
*1 credit hour- 1/29/01*

*JAMA Reader's Choice CME*  
*Self Study*  
*1 credit hour- 2/7/01*

*Dannemiller Memorial Education Foundation, Pain.com Feb Module 1*  
*1 credit hour- 2/12/01*

*Dannemiller Memorial Education Foundation, Pain.com Feb Module 2*

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*1 credit hour- 2/12/01*

*Dannemiller Memorial Education Foundation, Pain.com Feb Module 3  
1 credit hour- 2/12/01*

*Advances in the Treatment of Myofacial Pain Syndrome, Dannemiller  
Memorial Education Foundation, Pain.com, Self Study Test  
1 credit hour- 2/12/01*

*JAMA Reader's Choice CME  
Self Study  
1 credit hour- 2/14/01*

*JAMA Reader's Choice CME  
Self Study  
1 credit hour- 2/21/01*

*JAMA Reader's Choice CME  
Self Study  
1 credit hour- 2/28/01*

*JAMA Reader's Choice CME  
Self Study  
1 credit hour-3/7/01  
JAMA Reader's Choice CME  
Self Study  
1 credit hour- 3/14/01*

*JAMA Reader's Choice CME  
Self Study  
1 credit hour-3/21/01*

*JAMA Reader's Choice CME  
Self Study  
1 credit hour- 3/28/01*

*JAMA Reader's Choice CME  
Self Study  
1 credit hour- 4/4/01*

*JAMA Reader's Choice CME  
Self Study  
1 credit hour-4/11/01*

*JAMA Reader's Choice CME  
Self Study  
1 credit hour- 4/18/01*

*JAMA Reader's Choice CME  
Self Study  
1 credit hour- 4/25/01*

*HIV/DOMESTIC VIOLENCE  
1 credit hour-4/24/01*

*Dannemiller Memorial Education Foundation, Pain.com MARCH'01  
Module 1  
1 credit hour- 4/30/01*

*Dannemiller Memorial Education Foundation, Pain.com MARCH '01  
Module 2  
1 credit hour- 4/30/01*

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*Dannemiller Memorial Education Foundation, Pain.com MARCH '01  
Module 3  
1 credit hour- 4/30/01*

*Dannemiller Memorial Education Foundation, Pain.com APRIL '01  
Module 1  
1 credit hour- 4/30/01*

*JAMA Reader's Choice CME  
Self Study  
1 credit hour- 5/2/01*

*JAMA Reader's Choice CME  
Self Study  
1 credit hour-5/9/01*

*JAMA Reader's Choice CME  
Self Study  
1 credit hour- 5/16/01*

*Dannemiller Memorial Education Foundation, Pain.com APRIL '01  
Module 2  
1 credit hour- 5/20/01*

*JAMA Reader's Choice CME  
Self Study  
1 credit hour- 6/13/01*

*JAMA Reader's Choice CME  
Self Study  
1 credit hour- 6/20/01*

*JAMA Reader's Choice CME  
Self Study  
1 credit hour- 6/27/01*

*Florida Academy of Pain Medicine, 6/29/01-7/1/01  
Tampa Conference, Pain Management  
16 credit hours*

*JAMA Reader's Choice CME  
Self Study  
1 credit hour- 7/4/01*

*Dannemiller Memorial Education Foundation, Pain.com April Module 3  
1 credit hour- 7/6/01*

*Dannemiller Memorial Education Foundation, Pain.com May Module 3  
1 credit hour- 7/6/01*

*Dannemiller Memorial Education Foundation, Pain.com June Module 1  
1 credit hour- 7/6/01*

*Dannemiller Memorial Education Foundation, Pain.com Migrain and  
Headache Pain Module  
1 credit hour- 7/16/01*

*Dannemiller Memorial Education Foundation, Pain.com June Module 2*

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*1 credit hour- 7/16/01*

*Delray Medical Center: End-of-Life Care: Pain Management  
1 credit hour- 7/17/01*

*JAMA Reader's Choice CME  
Self Study  
1 credit hour- 7/18/01*

*JAMA Reader's Choice CME  
Self Study  
1 credit hour- 8/15/01*

*JAMA Reader's Choice CME  
Self Study  
1 credit hour- 8/22/01*

*Dannemiller Memorial Education Foundation, Pain.com Sept'00 Module 1  
1 credit hour- 8/26/01*

*Dannemiller Memorial Education Foundation, Pain.com Oct'00Module 1  
1 credit hour- 8/26/01*

*JAMA Reader's Choice CME  
Self Study  
1 credit hour- 9/26/01*

*JAMA Reader's Choice CME  
Self Study  
1 credit hour- 10/3/01*

*JAMA Reader's Choice CME  
Self Study  
1 credit hour- 11/7/01*

*RISK MANAGEMENT  
11/8/01  
1 CREDIT HOUR*

*JAMA Reader's Choice CME  
Self Study  
1 credit hour- 11/21/01*

*JAMA Reader's Choice CME  
Self Study  
1 credit hour- 12/19/01*

*JAMA Reader's Choice CME  
Self Study  
1 credit hour- 12/26/01*

*JAMA Reader's Choice CME  
Self Study  
1 credit hour- 1/2/02*

*JAMA Reader's Choice CME  
Self Study  
1 credit hour- 1/9/02*

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*JAMA Reader's Choice CME  
Self Study  
1 credit hour- 3/20/02*

*JAMA Reader's Choice CME  
Self Study  
1 credit hour- 3/27/02*

*JAMA Reader's Choice CME  
Self Study  
1 credit hour- 4/17/02*

*Advanced Directives, Baker Act: Pinecrest Rehab Hospital  
1 credit hour- 4/23/02*

*Dannemiller Memorial Education Foundation, Pain.com MAY'01 Module  
1 credit hour- 4/24/02*

*JAMA Reader's Choice CME  
Self Study  
1 credit hour- 4/17/02*

*JAMA Reader's Choice CME  
Self Study  
1 credit hour- 5/22/02*

*JAMA Reader's Choice CME  
Self Study  
1 credit hour- 6/12/02*

*JAMA Reader's Choice CME  
Self Study  
1 credit hour- 6/19/02*

*JAMA Reader's Choice CME  
Self Study  
1 credit hour- 6/26/02*

*The Florida Medical Assoc  
Imaging Never Tasted so Good  
1 credit hour-11/2/02*

*Reality of Pain in America  
3 credit hour - 5/10/03*

*Aids Update  
1 credit hour- 7/1/03*

*Medical Education Resources  
Lower Ext Skin Care for Diabetic  
2 credit hour- 6/25/03*

*Medical Education Resources  
Therapy for chronic hepatitis  
2 credit hour- 6/25/03*

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*Medical Education Resources*

*The cost of pain*

*1.5 credit hour- 6/25/03*

*Medical Education Resources*

*Management of Constipation*

*1 credit hour- 6/25/03*

*Medical Education Resources*

*Mult presentations of migraine*

*1 credit hour- 6/25/03*

*Medical Education Resources*

*Optimizing Tx for Patients with risk for NSAID effects*

*1 credit hour- 6/25/03*

*Medical Education Resources*

*Costipation due to disease*

*2 credit hour- 6/25/03*

*CME Consultants, Inc*

*Emerging treatment options for pain and headaches*

*2 credit hour- 3/5/04*

*Delray Medical Center*

*HIV/AIDS Update 2004*

*1 credit hour- 6/1/04*

*Delray Medical Center*

*A Prescription for Medical Error Safety 2004*

*2 credit hours - 6/29/04*

*Amer Board Quality Assurance and Utilization Review Physicians*

*Successful return to work strategies for FL Work Comp Physicians*

*4 credit hours - 8/22/04*

*Danimiller Ed Foundation*

*Optimizing Opioid Therapy for Nonmalignant pain*

*1 credit hour - 5/24/04*

*Danimiller Ed Foundation*

*Dispelling Myths in Chronic pain Management*

*1 credit hour - 5/24/04*

*Continuing Education, Inc*

*Clinical Applications of CPM and Micro Z stimulators*

*5 credit hours - 7/20/04-8/1/04*

*Postgraduate Institute for Medicine*

*Spectrum of pain part 1*

*1 credit hour- 8/6/04*

*University of Kentucky*

*Opioid Dosing in the management of noncancer breakthrough pain*

*1 credit hour - 9/13/04*

*CME Consultants*

*Managing Chronic Pain with Opioids*

*1 credit hour - 11/8/04*

*Amer Academy of Pain Medicine*

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*Pain and Depression*  
1 credit hour - 11/7/04

*Postgraduate Institute for Medicine*  
*Spectrum of pain part 3*  
1 credit hour- 11/7/04

*Academy for Healthcare Education*  
*Answers from the faculty of the national pain forum*  
1.5 credit hours - 1/16/05

*Postgraduate Institute for Medicine*  
*Spectrum of pain part 4*  
1 credit hour- 1/16/05

*Thomson Professional Post graduate Services*  
*Pain Management Today: Controlling Pain, Improving Lives*  
2 credit hours - 1/20/05

*Doctors Assistance Corporation*  
*Medicare Changes & Patient Reimbursement*  
4.5 credit hours- 2/17/05

*Thomson Professional Postgraduate Services*  
*Pain Management Today: Controlling Pain , Improving Lives*  
2 credit hours- 3/2/05

*Thomson Professional Postgraduate Services*  
*Pain Management Today: Controlling Pain , Improving Lives*  
2 credit hours- 3/24/05

*Delray Medical Center*  
*HIV/AIDS Update 2005*  
1 credit hour- 5/19/05

**LECTURES:**

*Grand Rounds and Presentations as*  
*Resident Physician and Chief Resident:*

1. *Bladder and Bowel Incontinence*
2. *Functional Restoration of the Stroke Patient*
3. *Rehabilitation of the Spinal Cord Patient*
4. *Rehabilitation of the Brain-Injured Patient*
5. *Management of Spasticity*
6. *Physiatric Approach to the Amputee*
7. *Acute and Chronic Pain Management*
8. *Reflex sympathetic dystrophy*
9. *Fibromyalgia and Myofascial Pain*

*“Reflex Sympathetic Dystrophy*  
*(RSD) Seminar” - June 12, 1993*  
*CEU Credits Offered*

*Audience: Physicians, Physical Therapist, Acupuncture Therapists, Rehabilitation Nurses, Case Managers, Adjusters and Attorneys*

*Objectives:*

1. *Educate audience about Diagnosis, Treatment and Management of Patients with RSD*

*“Chronic Pain: Fibromyalgia vs Myofascial Pain Seminar” - November 10, 1994*

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*No CEUs offered*

*Audience: Physicians, Rehabilitation Nurses and Rehabilitation Case Managers, Palm Coast Chapter of Rehabilitation Nurses (PCARN)*

*Objectives:*

1. *Differentiate Fibromyalgia from Myofascial pain*
2. *Outline diagnostic criteria*
3. *Outline treatment options*

*“Managing Chronic Pain”- Jan 23, 1996*

*No CEU offered*

*Audience: General Public*

*Location: Springhouse Senior Residences*

*Objectives:*

1. *Educate audience about Diagnosis, Treatment and Management of Patients with pain.*

*“Ethical Dilemma in Workers’ Compensation Claims Associated with the Pain Patient”*

*One hour CEU available to Florida Board of Nursing, CCM, CDMS, CRC*

*Audience: Case Managers, Nurse, Insurance Adjusters, Vocational Specialist*

*Objectives:*

1. *Introduce and educate on Ethics and how it relates to dilemmas in the current healthcare system*
2. *Explore avenues in which ethical issues arise, and hear examples as to how a situation can be handled ethically*
3. *Identify familiar terminology used to define ethical principles*
4. *Explore areas in which an ethical principal has been an issue in healthcare practice*

*Dates and Companies:*

1. *July 30, 1998: \_\_\_\_\_*
2. *December 11, 1998 for AmComp Pinnacle Benefits in North Palm Beach, Florida*
3. *January 12, 1999 for Genex Ins. Co. In Coral Springs, Florida*
4. *March 25, 1999 for FCCI in Sarasota, Florida*
5. *April 29, 1999 for Stirling Cooke in Fort Lauderdale, Florida*
6. *May 7, 1999 for Publix Insurance Co. In Lakeland, Florida*
7. *June 10, 1999 for Kemper Ins. Co. In Plantation, Florida*
8. *July 9, 1999 for USF&G, Firemans’ Fund, Cigna and St. Paul, in Tampa, Florida*
9. *July 23, 1999-*
10. *November 11, 1999 for Sterling Cook Insurance Company, Fort Lauderdale, Florida.*  
*November 19,1999 for Heritage- Summit Insurance Company, Lakeland, Florida.*  
*December 15,1999 - for*
12. *Wausau Ins.Co., Maitland, Florida*  
*With emphasis on fibromyalgia.*
13. *Jan, 9 2001 for Kemper Ins. Co. In Plantation, Florida*
14. *March 30, 2001 for Concentra Managed Care Services Tampa, Florida Contact Jill Warren, RN*
15. *April, 25, 2001 for Broward County Risk Managers Ft Lauderdale, Florida*
16. *July 20, 2001 Bunch & Associates, Lakeland, FL*
17. *December 7, 2001, Open conference for adjusters, RN, Hilton Deerfield Beach*
18. *March 8, 2002, Kemper Ins Company, Broward County*

## STUART B. KROST, MD / CURRICULUM VITAE

### "Acute and Chronic Pain of Fibromyalgia"

*Audience: Nurse Case Managers, Vocational Specialist, Insurance Adjusters, Southeast Florida Chapter of NARPPS*

*Objectives: To Teach Healthcare Professional the Difference between Acute and Chronic Pain with respect to definition/ diagnosis and treatment*

*Date: June 25, 1999,  
Fort Lauderdale, Florida*

### "Control" of Chronic Pain Syndrome

*Audience: Certified Accredited Rehab Facilities of Heartland Pain and Rehabilitation, including Jupiter, Lantana, Hollywood, Pompano and Miami personnel. Multiple disciplines; Physical and Occupational Therapists, Biofeedback Specialists, Psychologist, Physicians, Program Directors, Physical Therapy Assistants and Aides*

*Objective: To understand the process of transition from acute to chronic pain; to identify the barriers to functional restoration and pain management; emphasize Operant Conditioning; Understand the difference of Acute and Chronic Pain Treatment*

*Date: July 27, 1999  
Delray Beach, Florida*

### "Disability Assessment and Life Care Planning" (joint lecture with Dr. John Williams and Dr. Tony Dorto)

*Audience: Attorneys, Physicians, Chiropractors*

*Objectives: Introduce Physiatry and identify a Physiatrist's background training; explain why Physiatrists are uniquely qualified to evaluate claimants from a disability perspective; Describe the vocational experts role and identify key issues in Life Care Planning; Define an Independent Medical Examination from the Physiatrist's viewpoint and its utility in the Disability Process; Define and describe Quality of Life Assessment issues and their relationship to Disability Assessment*

*Date: July 29, 1999  
Fort Lauderdale, Florida*

### "Acute and Chronic Pain Management"

*Audience: Grand Rounds of Columbia Hospital, Fort Lauderdale. Audience of Hospital Staff and Physicians*

*Objectives: To Teach Healthcare Professional the Difference between Acute and Chronic Pain with respect to definition/ diagnosis and treatment*

*Date: October 18, 1999  
Fort Lauderdale, Florida*

*Audience: Fort Lauderdale Florida Ass Occupational Health Nurses*

*Objectives: To Teach Healthcare Professional the Difference between Acute and Chronic Pain with respect to definition/ diagnosis and treatment*

*Date: April, 10<sup>th</sup>, 2001  
Fort Lauderdale, Florida*

STUART B KROST, MD- CURRICULUM VITAE

“Acute and Chronic Pain Management of Fibromyalgia” - November 17, 1999

No CEUs offered

Location: Lantana Office of Heartland Pain and Rehab Center

Audience:

Physicians, Rehabilitation Nurses and Rehabilitation Case Managers, Palm Coast Chapter of Rehabilitation Nurses (PCARN)

Objectives:

1. Differentiate Fibromyalgia from Myofascial pain
2. Outline diagnostic criteria
3. Outline treatment options and differences of acute v. chronic pain
4. Understand the use of chronic narcotics with chronic pain patient.

“Non- Medicinal approach to Chronic Pain Management”.

10<sup>th</sup> Annual meeting of the Case Management Society of America,

Location: Tampa Florida, 6/9/00

Audience: Case Managers, Nurses

Objectives:

1. Differentiate medicinal vs non-medicinal treatment
2. Differentiate Acute vs Chronic Pain
3. Understand the different options of non-medicinal treatment for Chronic Pain

“Acute vs Chronic Pain Management”

Location: Orlando, 9/7/00 9am

Company: Specialty Risk Ins Co

Audience: Case managers, Nurses and Adjusters

CEU Certification

Objectives:

To understand the process of transition from acute to chronic pain; to identify the barriers to functional restoration and pain management; emphasize Operant Conditioning; Understand Multi-Disiplinary approach to a chronic pain patient. Understand the difference of Acute and Chronic Pain Treatment

“Acute vs Chronic Pain Management”

Location: Orlando, 9/7/00 11:30am

Company: Pinnacle Ins Co

Audience: Case managers, Nurses and Adjusters

CEU Certification

Objectives:

To understand the process of transition from acute to chronic pain; to identify the barriers to functional restoration and pain management; emphasize Operant Conditioning; Understand Multi-Disiplinary approach to a chronic pain patient. Understand the difference of Acute and Chronic Pain Treatment

“Acute vs Chronic Pain Management”

Location: Orlando, 9/7/00 2pm

Company: GAB-Robbins Ins Co

Audience: Case managers, Nurses and Adjusters

CEU Certification

Objectives:

To understand the process of transition from acute to chronic pain; to identify the barriers to functional restoration and pain management; emphasize Operant Conditioning; Understand Multi-Disiplinary approach to a chronic pain patient. Understand the difference of Acute and Chronic Pain Treatment

DWC Rehabilitation Provider Workshop

“Ethical Issues in Rehabilitation”

STUART B. KROST, MD / CURRICULUM VITAE

*Location: Ft. Lauderdale, Sheraton, 11/17/00*

*Audience: International Association of  
Rehabilitation Providers(IARP)*

*CEU Certification*

*Objectives:*

*To understand the Ethical principles we face in Worker's Comp.*

*An open forum to discuss difficult issues and to see how we deal with them from a  
Physician standpoint.*

*A panel discussion between a Psychiatrist, Psychiater and an Orthopedist about how  
we may respond to different issues*

*"Acute vs Chronic Pain Management"*

*Location: Plantation, FL 4/9/01*

*Company: Concentra Managed Care Services*

*Audience: Case managers, Nurses and Adjusters*

*CEU Certification*

*Objectives:*

*To understand the process of transition from acute to chronic pain; to identify the  
barriers to functional restoration and pain management; emphasize Operant  
Conditioning; Understand Multi-Disiplinary approach to a chronic pain patient.  
Understand the difference of Acute and Chronic Pain Treatment*

*"Acute and Chronic Pain Management"*

*Location: Fort Lauderdale, FL 4/10/01*

*Audience: Fort Lauderdale Florida Ass Occupational Health Nurses*

*Objectives: To Teach Healthcare Professional the Difference between Acute and  
Chronic Pain with respect to definition/ diagnosis and treatment*

*"Opioid Management in the Chronic Pain Patient"*

*Location: West Palm Beach, FL 7/10/01: Sponsored By Purdue Pharmaceuticals*

*Audience: NURSE PRACTITIONER ASS OF PALM BEACH*

*Objectives: To teach opioid management: Physiology of opioids; Discuss tolerance,  
dependence vs addiction.*

*"Pain overview/Importance of Assessment, Documentation/ FL Board of Medicine Guidelines"*

*Location: Players Club, 13410 Southshore Blvd, Wellington, FL 8/10/01 (sponsored by Purdue  
Pharm)*

*Audience: Attendings, Residence and Medical Students*

*Objectives: to teach acute vs chronic pain management and opioid management*

*"Optimizing Pain Management"*

*Location: New York Prime, 2350 NW Executive Center Dr, Boca Raton, FL 8/15/02*

*Audience: Physicians*

*Objectives: Control and optimize Acute and Chronic Pain*

**PERIODIC PUBLICATIONS  
OF ARTICLES:**

***"Growth Inhibitory and Bacteriocidal Effect  
Of Human Parotid Salivary Histidine Rich  
Polypeptides on Streptococcus Mutants"  
Study of Cationic Proteins in Host Defenses  
Krost, S.B., Pollack, J.J.  
Infection and Immunity 1984;44:695-701***

STUART B KROST, MD- CURRICULUM VITAE

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